



*Helping students make healthier, safer, and smarter choices.*

## **UNC Charlotte Wellness Ambassador Peer Education Team**

### **Peer Educator General Summary**

Peer educators function as team members dedicated to the development and implementation of campus health education efforts. Peer educators serve as health education liaisons to campus the UNC Charlotte campus community. Peer educators are responsible for the design, presentation, and evaluation of health education programs at UNC Charlotte. This includes researching, writing and improving written health education materials appropriate for college students and the campus community. Health topics covered by peer educators include alcohol, prescription drugs, hookah, other drugs, violence awareness, sexual health, and body image, eating disorders, and stress management.

### **Qualifications**

Students must have the following qualifications when applying for the Peer Education program.

- Strong interest in preventive health
- Written and oral communication skills
- Ability to handle a variety of tasks; use good time management skills
- Flexible schedule; able to work some evenings and weekends
- Ability to work independently; be a self-starter
- Not afraid to ask questions
- Eagerness to learn and willingness to try new things
- Serve as a responsible role model both on and off campus representing UNC Charlotte
- Ability to relate, in a significant way, to other individuals
- An attitude that will promote healthy lifestyle choices for self and others
- A cumulative grade point average of 2.5 or higher

### **Duties and Responsibilities**

- Attend all training classes and successfully complete the Certified Peer Educator (CPE) Training Program
- Conduct appropriate research for health programs utilizing various resources both on and off campus (i.e. library databases, Internet, UNC Charlotte Staff, community and campus organizations)
- Plan and develop health education program outlines incorporating various learning techniques and formats (i.e. group discussion, lecture, role play, etc.)
- Develop and design promotion of health education events and programs; distribute throughout the campus community
- Present new and existing health education programs to campus
- Assist in the design and utilization of program evaluation and needs assessment tools
- Participate in the development and design of passive health education programming (i.e. bulletin boards, brochures, web page, etc.)



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- Assist with surveys and special projects
- Network with professors and other campus professionals in creating opportunities conducive for health education programming and preventive health messages
- Assist in development and execution of various health awareness days/weeks on campus

### **Possible Awareness Events**

- National Collegiate Alcohol Awareness Week
- Great American Smokeout
- National Sexual Responsibility Week
- Love Your Body Week
- Spring Break Awareness
- Sexual Assault Awareness Month

To apply to be a Wellness Ambassador Peer Educator, please complete the following:

- ✓ Please fill out the Wellness Ambassadors [Application](#) on the Center for Wellness Promotion Website!

Direct any questions and turn in the above items to [Leslie Robinson](#) and [Nicole Madonna-Rosario](#) or by calling 704-687-7407.